



1641 Langley Avenue Irvine, CA 92614 PH: (949) 681-7600



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- |      |         |             |   |
|------|---------|-------------|---|
| #711 | Weekend | March 6/7   | <b>Leading Your Family Spiritually</b><br><b>Guests:</b> Dennis Rainey, Jim Weidmann, Rebecca Prewett           |
| #712 | Weekend | March 13/14 | <b>Preparing Parents (and Teens) for the Prom</b><br><b>Guests:</b> Dennis Rainey, Aaron Bryant, Rebecca Rainey |
| #713 | Weekend | March 20/21 | <b>Smart Stewardship</b><br><b>Guests:</b> Dennis Rainey, James Merritt, Ray Linder                             |
| #714 | Weekend | March 27/28 | <b>What Easter's All About</b><br><b>Guests:</b> Gil & Debbie Wesley, Kris Lundgaard, Paul Maier                |



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			<b>Series: From Fear to Freedom</b>	
#4490	Monday	March 1	Facing an Unwelcome Guest	Karen Loritts
#4491	Tuesday	March 2	Goodbye Fear, Hello Freedom	Karen Loritts
			<b>Series: Hooked</b>	
#4492	Wednesday	March 3	The Link Between Sex and Attachment	Dr. Freda Bush, Dr. Joe McIlhaney
#4493	Thursday	March 4	How Casual Sex is Affecting our Teens	Dr. Freda Bush, Dr. Joe McIlhaney
#4494	Friday	March 5	Sowing the Seeds of Abstinence	Dr. Freda Bush, Dr. Joe McIlhaney
			<b>Series: Hope After Betrayal</b>	
#4495	Monday	March 8	Shocked by Sexual Addiction	Meg Wilson
#4496	Tuesday	March 9	Confession: A Hard Step to Freedom	Meg Wilson
#4497	Wednesday	March 10	A Time to Rebuild	Meg Wilson
			<b>Series: Your Intercultural Marriage</b>	
#4498	Thursday	March 11	The Tale of Two Cities	Marla Alupoaipei
#4499	Friday	March 12	Viva la Difference!	Marla Alupoaipei
			<b>Series: Your Kids at Risk</b>	
#4500	Monday	March 15	The Alarming Truth	Dr. Meg Meeker
#4501	Tuesday	March 16	Parents: Tell The Truth	Dr. Meg Meeker
			<b>Series: Parenting is Your Highest Calling and Other Parenting Myths</b>	
#4502	Wednesday	March 17	Myth #1: Children Make You Happy	Leslie Leyland Fields
#4503	Thursday	March 18	Myth #2: Good Parenting Leads to Happy Children	Leslie Leyland Fields
#4504	Friday	March 19	Myth #3: Successful Parents Produce Godly Children	Leslie Leyland Fields
			<b>Series: The Connected Child</b>	
#4505	Monday	March 22	Children From Hard Places	Karyn Purvis
#4506	Tuesday	March 23	Parents' Expectations	Karyn Purvis
#4507	Wednesday	March 24	Parenting At-Risk Children	Karyn Purvis
			<b>Series: Al Mohler on the Manhattan Declaration</b>	
#4508	Thursday	March 25	Al Mohler on the Manhattan Declaration, Part 1	Al Mohler
#4509	Friday	March 26	Al Mohler on the Manhattan Declaration, Part 2	Al Mohler
			<b>Series: Sacred Influence</b>	
#4510	Monday	March 29	What a Man Needs from His Wife	Gary Thomas
#4511	Tuesday	March 30	Appreciating Your Husband	Gary Thomas
			<b>Series: The Refuge of Faith</b>	
#4512	Wednesday	March 31	Walking Through the Valley With Joy	Gary Oliver



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**Weekend of March 6/7— Leading Your Family Spiritually**

On Saturday's/Sunday's/tomorrow's/today's broadcast of FAMILYLIFE THIS WEEK, learn how to lead your family spiritually from noted authors Dennis Rainey and Jim Weidmann and spiritually focused mom, Rebecca Prewett. That's here on FAMILYLIFE THIS WEEK, Saturday/Sunday/today/tomorrow at (Time:\_\_\_\_) on (Station:\_\_\_\_\_).

**Weekend of March 13/14— Preparing Parents (and Teens) for the Prom**

On Saturday's/Sunday's/tomorrow's/today's edition of FAMILYLIFE THIS WEEK, hear how to prepare yourself and your teen for the prom. Guests include father of six, Dennis Rainey, along with his daughter, Rebecca, and pastor Aaron Bryant. That's FAMILYLIFE THIS WEEK, Saturday/Sunday/today/tomorrow on (Station : \_\_\_\_\_) at (Time : \_\_\_\_\_).

**Weekend of March 20/21— Smart Stewardship**

God has called us to be good stewards over His creation, and that includes our households. On FAMILYLIFE THIS WEEK, financial expert Ray Linder, FamilyLife President, Dennis Rainey, and author and pastor James Merritt talk about the finer points of smart stewardship, Saturday/Sunday/today/tomorrow here on (Station : \_\_\_\_\_) at (Time : \_\_\_\_\_).

**Weekend of March 27/28— What Easter's All About**

What does the Resurrection mean for us practically in the 21st Century? On Saturday's/Sunday's/tomorrow's/today's broadcast of FAMILYLIFE THIS WEEK, author Paul Maier, pastor Gil Wesley and his wife, Debbie, and author Kris Lundgaard talk about helping your family understand what Easter is all about. That's here on FAMILYLIFE THIS WEEK, Saturday/Sunday/today/tomorrow at (Time:\_\_\_\_) on (Station:\_\_\_\_\_).



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### **Series: From Fear to Freedom**

#### **Monday, March 1 – Facing an Unwelcome Guest**

Karen Loritts should have been fine. She and her pastor husband were empty nesters, she had a successful book, a thriving church community, and four happy well adjusted children. So why was she filled with fear? On Monday's/tomorrow's/today's FAMILYLIFE TODAY WITH DENNIS RAINEY, hear how Karen's "fear buddies" almost stole her joy. Join us right here at (Time:\_\_\_\_) on (Station:\_\_\_\_\_).

#### **Tuesday, March 2 – Goodbye Fear, Hello Freedom**

Ungodly fear can rob us of the things we hold most dear, but author and pastor's wife Karen Loritts says the Apostle James provides clear Biblical instruction for overcoming sinful fear. On Tuesday's/tomorrow's/today's broadcast of FAMILYLIFE TODAY WITH DENNIS RAINEY, Karen shares how she banished her "fear buddies" with the power of God's Word That's on FAMILYLIFE TODAY WITH DENNIS RAINEY, at (Time:\_\_\_\_) on (Station:\_\_\_\_\_).

### **Series: Hooked**

#### **Wednesday, March 3 – The Link Between Sex and Attachment**

You've heard it said that the brain is the most important sex organ, and Drs. Freda Bush and Joe McIlhaney explain how science bears that out. On Wednesday's/tomorrow's/today's broadcast of FAMILYLIFE TODAY WITH DENNIS RAINEY, hear them tell how the powerful chemicals dopamine and oxytocin are released during intimacy. They warn, however, that when you attach and unattach with multiple partners through premarital sex you weaken your ability to stay attached. Be listening at (Time:\_\_\_\_) here on (Station:\_\_\_\_\_).

#### **Thursday, March 4 – How Casual Sex is Affecting our Teens**

Teen sex isn't just a bad idea; it's a risky move physically, emotionally, and spiritually. On Thursday's/tomorrow's/today's broadcast of FAMILYLIFE TODAY WITH DENNIS RAINEY, Drs. Freda Bush and Joe McIlhaney, experts on brain development and sexuality, talk to parents about some of the consequences of premarital sex. That's at (Time :\_\_\_\_) here on (Station :\_\_\_\_\_).

#### **Friday, March 5 – Sowing the Seeds of Abstinence**

Do you feel powerless to protect your teen from early sexual involvement? On Friday/tomorrow/today for FAMILYLIFE TODAY WITH DENNIS RAINEY, Drs. Freda Bush and Joe McIlhaney , both OB-GYNs, encourage parents to love their teens and remain involved in their lives, and let them know their standards regarding premarital sex. Don't miss it at (Time:\_\_\_\_) here on (Station:\_\_\_\_\_).



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**Series: Hope After Betrayal**

**Monday, March 8 – Shocked by Sexual Addiction**

She thought she had the perfect life. But what she would later find out would rock her world like never before. On Monday's/tomorrow's/today's broadcast of FAMILYLIFE TODAY WITH DENNIS RAINEY, Meg Wilson remembers the day when her husband called to tell her that he was stepping down from his job because of his addiction to internet porn. Join us to hear how Meg responded and how they put their marriage back together step by step, right here at (Time:\_\_\_\_) on (Station:\_\_\_\_\_).

**Tuesday, March 9– Confession: A Hard Step to Freedom**

After forgiving her husband for his sexual addiction and working hard to keep her marriage together, Meg's husband later confessed to having an affair. On Tuesday's/tomorrow's/today's broadcast of FAMILYLIFE TODAY WITH DENNIS RAINEY, author Meg Wilson talks about the hurt and anger she felt after her husband's betrayal and tells where she found encouragement and strength to walk through this trial. That's at (Time:\_\_\_\_) on (Station:\_\_\_\_\_).

**Wednesday, March 10 – A Time to Rebuild**

Could you forgive your husband if he was caught in a sexual indiscretion? With Christ's help, you can. On Wednesday's/tomorrow's/today's broadcast of FAMILYLIFE TODAY WITH DENNIS RAINEY, Meg Wilson talks about the state of her marriage eight years after her husband confessed to a sexual affair. Meg reveals how they rebuilt trust and tells how forgiveness has helped them heal. Right here at (Time:\_\_\_\_) on (Station:\_\_\_\_\_).

**Series: Your Intercultural Marriage**

**Thursday, March 11 – The Tale of Two Cities**

Love is where you find it, and for one adventurous American woman, Romania was the place she found the man of her dreams, Catalin. On Thursday's/tomorrow's/today's broadcast of FAMILYLIFE TODAY WITH DENNIS RAINEY, Marla Alupoiceci talks about the reality of being in an intercultural marriage. Join us at (Time :\_\_\_\_) on (Station :\_\_\_\_\_).

**Friday, March 12 – Viva la Difference!**

Think you and your spouse are as different as night and day? Imagine, then, if your mate was from another country. On Friday's/tomorrow's/today's broadcast of FAMILYLIFE TODAY WITH DENNIS RAINEY, American Marla Alupoiceci talks about her life with her husband, Catalin, a Romanian translator she met while on a missions trip. Hear about the benefits and challenges of an intercultural marriage. That's right here at (Time:\_\_\_\_) on (Station:\_\_\_\_\_).



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**Series: Your Kids at Risk**

**Monday, March 15 – The Alarming Truth**

The culture is in denial about sexually transmitted diseases. On Monday's/tomorrow's/today's FAMILYLIFE TODAY WITH DENNIS RAINEY, one of the country's leading experts on teens and children's health, Dr. Meg Meeker, exposes the shocking facts and statistics about STDs. That's right here at (Time:\_\_\_\_) on (Station:\_\_\_\_\_).

**Tuesday, March 16– Parents: Tell The Truth**

As a parent, you can make a huge difference in the life of your teen, especially in regards to abstinence. On Tuesday's/tomorrow's/today's broadcast of FAMILYLIFE TODAY WITH DENNIS RAINEY, pediatrician Dr. Meg Meeker talks about the alarming spread of STDs in America and urges parents to talk to their kids about the dangers of premarital sex. That's on FAMILYLIFE TODAY WITH DENNIS RAINEY, at (Time:\_\_\_\_) on (Station:\_\_\_\_\_).

**Series: Parenting is Your Highest Calling and Other Parenting Myths**

**Wednesday, March 17 – Myth #1: Children Make You Happy**

Does parenting make you feel guilty? On Wednesday's/tomorrow's/today's broadcast of FAMILYLIFE TODAY WITH DENNIS RAINEY, according to author Leslie Leyland Fields, 80% of parents feel guilty. Most parents, Fields explains, come to parenting unprepared and filled with unrealistic expectations. Learn more right here at (Time:\_\_\_\_) on (Station:\_\_\_\_\_).

**Thursday, March 18 – Myth #2: Good Parenting Leads to Happy Children**

Good parenting is hard work, and not always appreciated by your kids. On Thursday's/tomorrow's/today's broadcast of FAMILYLIFE TODAY WITH DENNIS RAINEY, Leslie Leyland Fields, a mother of six, talks about the adventures of being a parent and the myths that often lead us to frustration. Join us at (Time :\_\_\_\_) on (Station :\_\_\_\_\_).

**Friday, March 19 – Myth #3: Successful Parents Produce Godly Children**

Is it a parent's job to produce godly children or God's? On Friday's/tomorrow's/today's broadcast of FAMILYLIFE TODAY WITH DENNIS RAINEY, mother of six, Leslie Leyland Fields says that for most parents, the goal of parenting is to raise children to be godly adults, but that often leads to disappointment. Instead, she says, a parent's goal should be to glorify God. That's right here at (Time:\_\_\_\_) on (Station:\_\_\_\_\_).



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**Series: The Connected Child**

**Monday, March 22 – Children From Hard Places**

There are joys to adoption, but there are also risks. On Monday's/tomorrow's/today's FAMILYLIFE TODAY WITH DENNIS RAINEY, Karyn Purvis, a leading expert in developmental psychology specializing in at-risk children, talks about the risks factors associated with adopted and foster children, those children she calls "children from hard places." That's FAMILYLIFE TODAY WITH DENNIS RAINEY. We're right here at (Time:\_\_\_\_) on (Station:\_\_\_\_\_).

**Tuesday, March 23– Parents' Expectations**

All parents have expectations for their children. On Tuesday's/tomorrow's/today's broadcast of FAMILYLIFE TODAY WITH DENNIS RAINEY, Karyn Purvis, a former foster mother who holds her doctorate in developmental psychology, cautions parents to be aware of possible risk factors in their adoptive and foster children and adjust their expectations accordingly. That's on FAMILYLIFE TODAY WITH DENNIS RAINEY, at (Time:\_\_\_\_) on (Station:\_\_\_\_\_).

**Wednesday, March 24 – Parenting At-Risk Children**

You can't impart what you don't possess. On Wednesday's/tomorrow's/today's broadcast of FAMILYLIFE TODAY WITH DENNIS RAINEY, leading expert in developmental psychology, Karyn Purvis, talks to parents about parenting their adopted children. Karyn exhorts parents to heal their personal wounds and losses before adopting and not to expect their children to fill those gaps for them. That's right here at (Time:\_\_\_\_) on (Station:\_\_\_\_\_).

**Series: Al Mohler on the Manhattan Declaration**

**Thursday, March 25 – Al Mohler on the Manhattan Declaration, Part 1**

The redefinition of marriage is more than a matter of personal rights. On Thursday's/tomorrow's/today's broadcast of FAMILYLIFE TODAY WITH DENNIS RAINEY, Dr. Al Mohler provides a concise and challenging analysis of marriage's role as a foundation stone of civilization. Join us at (Time :\_\_\_\_) on (Station:\_\_\_\_\_).

**Friday, March 26 – Al Mohler on the Manhattan Declaration, Part 2**

Marriage - it's all just a personal matter, right? Not so fast, explains Dr. Al Mohler. On Friday's/tomorrow's/today's broadcast of FAMILYLIFE TODAY WITH DENNIS RAINEY, hear in this stirring address, presented to an ecumenical audience in New York City last year, Dr. Mohler lays out common ground upon which all Christians must unite. That's right here at (Time:\_\_\_\_) on (Station:\_\_\_\_\_).



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**Series: Sacred Influence**

**Monday, March 29 – What a Man Needs from His Wife**

On Monday's/tomorrow's/today's FAMILYLIFE TODAY WITH DENNIS RAINEY, best-selling author Gary Thomas tells women what they must know to be their husband's most powerful influencer. That's FAMILYLIFE TODAY WITH DENNIS RAINEY. We're right here at (Time:\_\_\_\_) on (Station:\_\_\_\_\_).

**Tuesday, March 30– Appreciating Your Husband**

Are you worthy of your husband? On Tuesday's/tomorrow's/today's broadcast of FAMILYLIFE TODAY WITH DENNIS RAINEY, Gary Thomas, author of the book Sacred Influence, talks with Dennis Rainey about what men most need from their wives. That's on FAMILYLIFE TODAY WITH DENNIS RAINEY, at (Time:\_\_\_\_) on (Station:\_\_\_\_\_).

**Series: The Refuge of Faith**

**Wednesday, March 31 – Walking Through the Valley With Joy**

Whether by beating an illness, outliving a spouse, or just staying strong in the face of an unexpected crisis, we all will become survivors someday. On Wednesday's/tomorrow's/today's broadcast of FAMILYLIFE TODAY WITH DENNIS RAINEY, popular author and psychologist Gary Oliver fondly reminisces about his early days of marriage to his wife, Carrie, and talks about the unwelcome guest – cancer, that showed up in their 24th year of matrimony. That's right here at (Time:\_\_\_\_) on (Station:\_\_\_\_\_).



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*This information covers the previous month—February, 2010*

## **February 1, 2010**

Title: This Could Be Love (Or it Could Be the Flu)  
Artist: Steven Curtis Chapman  
Album: The Live Adventure  
Info: (p) 1993 Sparrow

## **February 2, 2010**

Title: Talk to Me  
Artist: Marla Hansen  
Album: Wedding Day  
Info: (p) 2007 Marla Hansen

## **February 3, 2010**

Title: Cupid  
Artist: Sam Cooke  
Album: Sam Cooke: Portrait of a Legend  
Info: (p) 2005 ABKCO Music & Records, Inc.

## **February 4, 2010**

Title: Can't Go Back Now  
Artist: The Weepies  
Album: Hideaway  
Info: (p) 2008 Nettwerk Records



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## February 5, 2010

Title: Loving a Person  
Artist: Sara Groves  
Album: Add to the Beauty  
Info: (p) 2005 INO/Epic

## February 9, 2010

Title: L.O.V.E.  
Artist: Nat "King" Cole  
Album: The World of Nat King Cole (Box Set)  
Info: (p) 2005 Capitol Records

## February 15, 2010

Title: Who We Are  
Artist: Ryan Calhoun  
Album: Everything that I'm Not  
Info: (p) 2008 CSF Music Group

## February 16, 2010

Title: I See God in You  
Artist: Danny Oertli  
Album: Everything In Between  
Info: (p) 2004 Danny Oertli Music



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**February 17, 2010**

Title: The Goodbye Look  
Artist: Donald Fagen  
Album: The Nightfly  
Info: (p) 1982 Warner Bros/WEA

**February 18, 2010**

Title: No Messin  
Artist: Acoustic Alchemy  
Album: Radio Contact  
Info: (p) 2003 Higher Octave Music, Inc.



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## February 13, 2010

Title: True Companion  
Artist: Marc Cohn  
Album: The Very Best of Marc Cohn  
Info: (p) 2006 Atlantic Recording Corp.

Title: When I'm Sixty-Four  
Artist: The Beatles  
Album: Sgt. Pepper's Lonely Hearts Club Band  
Info: (p) 2002 (original release 1967) Capitol

## February 27, 2010

Title: Word of God  
Artist: Big Tent Revival  
Album: Choose Life  
Info: (p) 1999 Ardent Records

Title: Growing Up in Christ  
Artist: Don Shortslef  
Album: Here I Am  
Info: (p) 2007 Custom

*Note: At times, FamilyLife chooses to use brief portions of songs to illustrate our culture's view (often antithetical to the values we hold) on any given subject. Therefore, we do not necessarily endorse either the lyrics of some songs or the lifestyles of the artists who recorded them. Thank you.*